



**Something Greater Than Self.**

## **"Dance for A Cause"**

**Jack Del Rio Foundation Teams Up with Dance Trance Fitness  
For Four Charity Event Classes**

The Jack Del Rio Foundation has partnered with Dance Trance to offer four "Dance for a Cause" charity classes throughout the summer. Proceeds will be donated to Seamark Ranch, Cathedral Arts Project, Big Brothers Big Sisters of Northeast Florida and the American Cancer Society ROCK program. More information about each organization can be found on their websites.

Dance Trance Fitness is a highly successful fitness program based here in Jacksonville and has been involved in many charity events. Because dance fitness is so popular, we have decided to team up with them to create an exciting dance fitness event called "Dance for a Cause." This charity event will let our community experience dance fitness and, at the same time, support some of the great children's charities associated with the Jack Del Rio Foundation.

Try out a dance fitness class and also help a great charity! Donations for Dance Trance classes are \$15 each. Additional donations are also accepted. Persons donating \$30 or more will receive a Jack Del Rio Foundation/Dance Trance tank. Autographs will be available for purchased tanks from Head Coach Jack Del Rio, NFL Jacksonville Jaguar Players and the Jaguar Cheerleaders the night of the events. For more information about this event go to: [www.jackdelriofoundation.com](http://www.jackdelriofoundation.com).

All proceeds will be dispersed equally among the four charities, so pick **ANY** class to support these fine children's organizations.

Charity class schedules are below:

### **Charity Dance Trance Class Schedule:**

**June 18<sup>th</sup> 6:45 - 7:45 PM** Beaches Location: 214 Orange Street, Neptune Beach 32266

Cathedral Arts Project Charity Class

Class Rate Donation = \$15

\*for an additional \$15 donation along with the class rate ( \$30 total) you will receive a Jack Del Rio Foundation/Dance Trance Tank.

Head Coach Jack Del Rio and NFL Jacksonville Jaguar Players will be available to autograph your purchased tank!

**June 24<sup>th</sup> 7:00 - 8:00 PM** San Marco Location: 1515 San Marco Blvd., Jacksonville 32207

Seamark Ranch Charity Class

Class Rate Donation = \$15

\*for an additional \$15 donation along with the class rate ( \$30 total) you will receive a Jack Del Rio Foundation/Dance Trance tank.

Head Coach Jack Del Rio and NFL Jacksonville Jaguar Players will be available to autograph your purchased tank!

**August 12<sup>th</sup> 7:00 - 8:00 PM** San Marco Location: 1515 San Marco Blvd., Jacksonville 32207

Big Brothers Big Sisters of Northeast Florida Charity Class

Class Rate Donation = \$15

\*for an additional \$15 donation along with the class rate ( \$30 total) you will receive a Jack Del Rio Foundation/Dance Trance tank.

Head Coach Jack Del Rio will be available to autograph your tank!

**August 24<sup>th</sup> 6:45 - 7:45 PM** Beaches Location: 214 Orange Street, Neptune Beach 32266

American Cancer Society

Class Rate Donation = \$15

\*for an additional \$15 donation along with the class rate ( \$30 total) you will receive a Jack Del Rio Foundation/Dance Trance tank.

Jack Del Rio and NFL Jacksonville Jaguar Cheerleaders will be available to autograph your tank!

**Call Dance Trance at 904-390-0939 for more information or visit [www.dancetrancefitness.com](http://www.dancetrancefitness.com).**